

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2019						
COLOR KEY PHYSICAL INTELLECTUAL EMOTIONAL SOCIAL HEALTH SERVICES VOCATIONAL ENVIRONMENTAL SPIRITUAL	TRANSPORTATION SCHEDULE Sundays – 9:30 Church Services. Sign up in Activities Book Mondays– 9:30 Shoprite Shuttle Mondays at 1 Home Depot Shuttle Transportation to Doctors: 8:30 -3 pm Mondays, Tuesdays & Thursdays Fridays: 9 & 9:45 Stop & Shop Shuttle AVAILABLE UPON REQUEST CALL VALET SERVICE, EXT. 6411				1 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit, PP 11:00 CAREGIVERS, CR 1:00 OCEAN COUNTY MALL 1:30 CRAFTY LADIES, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CAFÉ, DR 7:00 WELCOME THE SABBATH, CA	2 11:00 BIBLE STUDY, CA 1:30 BOOK DISCUSSION, AC “Dearie” 3:00 CONCERT WITH BRUCE FOSTER, CA 6:15 MAH JONGG, CR
3 11:30 CATHOLIC COMMUNION SERVICE/FEAST OF ST. BLAISE BLESSING OF THE THROATS, CA 2:00 PRESBYTERIAN CHURCH COMMUNION SERVICE, LMR 3:00 LECTURE-IN-SONG WITH FRED MILLER, CA “Harlem Renaissance, Part 2” 6:00 SUPERBOWL ON THE BIG SCREEN, CA Patriots vs. Rams, Kick Off 6:18	4 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 1:30 Supervised Gym, FC 1:30 Arts & Crafts, AC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:00 Rosary, AC/7:00 POKER, CA	5 9:00 FUN. FITNESS CLASS, FC 10:00 AQUA BURN/SUPERVISED GYM 10:00 CHORUS REHEARSAL, CA 11:00 WII SPORTS BOWLING, FC 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:00HEART MONTH SPECIAL EVENT,CA 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	6 9:00 CHAIR YOGA, MOVES & STRETCH, CA 9:30 MEDITATION, CA 12:15 LIFELONG LEARNING AT THE ALGONQUIN THEATER 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS,FC 5:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:15 LECTURE W/PAUL WHITE,CA “Presidents and First Ladies”	7 9:00 BALANCE CLASS, CA 9:30 OCEAN COUNTY LIBRARY 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Recovery Class, PP 2:00 ANNUAL GENERAL MEETING OF THE RESIDENT ASSOCIATION, CA 2:30 FITNESS CLASS w/DOMENICK, FC 6:15 MAH JONGG, CR 7:00 I TUNES UNIVERSITY, CA	8 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit, PP 12:00 ROMEO’S TO URBAN COALFIRE GRILL 1:30 CRAFTY LADIES, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CA	9 11:00 BIBLE STUDY, CA 6:15 MAH JONGG, CR
10 11:30 CATHOLIC COMMUNION SERVICE, CA 2:00 JACKPOT BINGO, CA (Doors open at 1:30 pm the games start promptly at 2:00pm)	11 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 11:00 TERRONE JEWELERS, AC 1:30 Arts & Crafts, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:00 Rosary, AC 7:00 POKER, CA	12 9:00 FUN. FITNESS CLASS, FC 11:00 WII SPORTS BOWLING, FC 10:00 AQUA BURN/SUPERVISED GYM 10:00 CHORUS REHEARSAL, CA 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:00 ARMCHAIR TRAVEL, CA 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	13 9:00 CHAIR YOGA, MOVES & STRETCH, CA 9:30 MEDITATION, CA 10:00 Aqua Fit Class, PP 1:30 Supervised Gym, FC 2:00 MARBELHEADERS OF SPRING LAKE, MODEL YACHT SAILING, PP 2:30 SEATED STRENGTH CLASS, FC 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	14 VALENTINE’S DAY 9:00 BALANCE CLASS, CA 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Recovery Class, PP 2:30 FITNESS CLASS w/DOMENICK, FC 7:00 - 9:00 VALENTINE’S DAY DANCE MUSIC PROVIDED BY THE BOB THOMAS BAND, CA	15 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit Class, PP 11:00 CONFESSIONS, CR 1:00 CHICO’S & TALBOT SHOPPING 1:30 CRAFTY LADIES, AC 1:30 Supervised Gym, FC 1:30 MOVIE MATINEE “Rich, Crazy Asians,” CA 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CA	16 11:00 BIBLE STUDY, CA 6:15 MAH JONGG, CA
17 11:30 CATHOLIC COMMUNION SERVICE, CA 2:00 OPERA DVD WITH JOHN ARTALE, CA Mozart – DON GIOVANNI	18 PRESIDENTS’ DAY 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 1:30 Arts & Crafts, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:00 Rosary, AC 7:00 POKER, CA	19 9:00 FUN. FITNESS CLASS, FC 10:00 AQUA BURN/SUPERVISED GYM 10:00 CHORUS REHEARSAL, CA 11:00 WII SPORTS BOWLING, FC 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:00 JACKPOT BINGO, CA (Doors open at 1:30 p.m.) 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	20 9:00 CHAIR YOGA, MOVES & STRETCH, FC 9:30 MEDITATION, FC 9:30 HARRAH’S CASINO AC 10:00 Aqua Fit Class, PP 12:00 TRANSPORTATION TO OLIVE GARDEN, T.G.I.FRIDAY OR RED LOBSTER 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS,FC 5:00 MAH JONGG, CR 6:15 CANASTA, LMR 2:00 PROGRAM – SLEEP APNEA, CA	21 9:00 BALANCE CLASS, FC 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Recovery Class, PP 10:15 PAPER MILL PLAYHOUSE 2:30 FITNESS CLASS w/DOMENICK, FC 7:00 I TUNES UNIVERSITY, CA	22 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit Class, PP 1:00 OCEAN COUNTY MALL 1:30 CRAFTY LADIES, AC 1:30 MOVIE MATINEE, CA “Beauty and the Beast,” CA 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CA	23 11:00 BIBLE STUDY, CA 6:15 MAH JONGG, CR 7:00 AN EVENING OF MUSIC WITH PETE CUSTODE, CA
24 11:30 CATHOLIC COMMUNION SERVICE, CA 5:45 HANDBELL FESTIVAL AT THE PRESBYTERIAN CHURCH IN TOMS RIVER	25 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 10:00 LIGHTEN UP WITH LESLIE, LMR 1:30 Arts & Crafts, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:00 Rosary, AC 7:00 POKER, CA	26 9:00 FUN. FITNESS CLASS, FC 10:00 AQUA BURN/SUPERVISED GYM 10:00 CHORUS REHEARSAL, CA 11:00 WII SPORTS BOWLING, FC 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:00 PROGRAM-AGE RELATED HEARING LOSS, CA 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	27 9:00 CHAIR YOGA, MOVES & STRETCH, CA 9:30 MEDITATION, CA 10:00 Aqua Fit Class, PP 1:30 Supervised Gym, FC 2:00 ALL RESIDENT MEETING, CA 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	28 9:00 BALANCE CLASS, FC 10:00 – 11:30 LECTURE WITH DR. GREG FERRO, PART I, “Presidential Scandals”, CA 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Recovery Class, PP 2:00 – 4:00 LECTURE WITH DR. GREG FERRO, PART II, CA 2:30 FITNESS CLASS w/DOMENICK, FC 7:00 ITUNES UNIVERSITY		