

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2019						
COLOR KEY PHYSICAL INTELLECTUAL EMOTIONAL SOCIAL HEALTH SERVICES VOCATIONAL ENVIRONMENTAL SPIRITUAL	TRANSPORTATION SCHEDULE Sundays – 9:30 Church Services. Sign up in Activities Book Mondays– 9:30 Shoprite Shuttle Mondays at 1 Home Depot Shuttle Transportation to Doctors: 8:30 -3 pm Mondays, Tuesdays & Thursdays Fridays: 9 & 9:45 Stop & Shop Shuttle AVAILABLE UPON REQUEST CALL VALET SERVICE, EXT. 6411	1 Happy New Year ! 10:30 CATHOLIC MASS, CA SPECIAL HOURS IN THE DINING ROOM. RESERVATIONS ARE REQUIRED FOR EVERYONE. SEATING TIMES: 12:00;12:30; 2:00; 2:30 & 4:00 PM	2 9:00 CHAIR YOGA, MOVES & STRETCH, FC 9:30 MEDITATION, FC 10:00 Aqua Fit Class, PP 1:30 Supervised Gym, FC 2:00 JACKPOT BINGO, CA 2:30 SEATED STRENGTH CLASS, FC 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	3 9:00 BALANCE CLASS, CA 9:30 TRANSPORTATION TO LIBRARY 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Burn Class, PP 12:30 Aquatic Express, PP 2:30 FITNESS CLASS w/DOMENICK, FC 6:15 MAH JONGG, CR 7:00 I TUNES UNIVERSITY, CA	4 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit, PP 11:00 CAREGIVERS, CR 1:00 OCEAN COUNTY MALL 1:30 CRAFTY LADIES, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CAFÉ, DR 7:00 WELCOME THE SABBATH, CA	5 11:00 BIBLE STUDY, CA 1:30 BOOK DISCUSSION, AC “GONE GIRL” 6:15 MAH JONGG, CR
6 11:30 CATHOLIC COMMUNION SERVICE, CA 2:15 FATHER ALPHONSE'S NEW YEAR AT THE ALGONQUIN	7 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 11:00 Fit & Flex, FC 1:30 Supervised Gym, FC 1:30 Arts & Crafts, AC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:00 Rosary, AC/7:00 POKER, CA	8 9:00 FUN. FITNESS CLASS, FC 10:00 AQUA BURN/SUPERVISED GYM 11:00 WII SPORTS BOWLING, FC 12:30 AQUA EXPRESS, PP 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:00 ARMCHAIR TRAVEL, CA 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	9 9:00 CHAIR YOGA, MOVES & STRETCH, CA 9:30 MEDITATION, CA 10:00 HABITS & GOALS WORKSHOP,CA 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 2:30 CAPTAIN'S INN 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	10 9:00 BALANCE CLASS, CA 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Burn Class, PP 10:00 COFFEE CHAT, CA 12:30 Aquatic Express, PP 2:30 FITNESS CLASS w/DOMENICK, FC 6:15 MAH JONGG, CR 7:00 I TUNES UNIVERSITY, CA	11 9:00 FUN. FITNESS CLASS, FC 9:00 MEN'S COFFEE, DR 10:00 Aqua Fit, PP 1:00 WALMART & AT HOME SHOPPING 1:30 CRAFTY LADIES, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CA	12 11:00 BIBLE STUDY, CA 3:00 AFTERNOON OF MUSIC WITH BRUCE FOSTER, CA 6:15 MAH JONGG, CR
13 11:30 CATHOLIC COMMUNION SERVICE, CA 2:00 JACKPOT BINGO, CA	14 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 11:00 TERRONE JEWELERS, AC 11:00 Fit & Flex, FC 1:30 Arts & Crafts, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA, LMR 7:00 Rosary, AC 7:00 POKER, CA	15 9:00 FUN. FITNESS CLASS, FC 11:00 WII SPORTS BOWLING, FC 10:00 AQUA BURN/SUPERVISED GYM 12:30 AQUA EXPRESS, PP 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	16 9:00 CHAIR YOGA, MOVES & STRETCH, CA 9:30 MEDITATION, CA 10:00 Aqua Fit Class, PP 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 3:00 SNOWFLAKE HIGH TEA, CA 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	17 9:00 BALANCE CLASS, FC 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Burn Class, PP 11:00 MEET & GREET FITNESS MANAGERS, FC 12:30 Aqua Express, PP 2:30 FITNESS CLASS w/DOMENICK, FC 7:00 I TUNES UNIVERSITY, CA	18 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit Class, PP 11:00 CONFESSIONS, CR 1:00 CHICO'S & TALBOT SHOPPING 1:30 CRAFTY LADIES, AC 1:30 MOVIE MATINEE, CA 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CA	19 11:00 BIBLE STUDY, CA 6:15 MAH JONGG, CA 7:00 WINTER WONDERLAND DANCE WITH MUSIC PROVIDED BY PIPER'S ALLEY, CA
20 11:30 CATHOLIC COMMUNION SERVICE, CA 2:00 OPERA DVD WITH JOHN ARTALE, CA NABUCCO BY VERDI	21 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 11:00 Fit & Flex, FC 1:30 Arts & Crafts, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA,LMR 7:00 Rosary, AC 7:00 POKER, CA	22 9:00 FUN. FITNESS CLASS, FC 10:00 AQUA BURN/SUPERVISED GYM 10:00 CHORUS REHEARSAL, CA 11:00 WII SPORTS BOWLING, FC 12:30 AQUA EXPRESS, PP 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 1:30 MOVIE MATINEE, CA 2:30 FITNESS CLASS DOMINICK, FC 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	23 9:00 CHAIR YOGA, MOVES & STRETCH, FC 9:30 MEDITATION, FC 9:30 HARRAH'S CASINO, ATLANTIC CITY 10:00 INDOOR SPORTS, CA 10:00 Aqua Fit Class, PP 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS,FC 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	24 9:00 BALANCE CLASS, CA 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Burn Class, PP 12:30 Aqua Express, PP 2:30 FITNESS CLASS w/DOMENICK, FC 2:30 JENKINSON'S AQUARIUM 7:00 I TUNES UNIVERSITY, CA	25 9:00 FUN. FITNESS CLASS, FC 10:00 Aqua Fit Class, PP 1:00 OCEAN COUNTY MALL 1:30 CRAFTY LADIES, AC 1:30 HABITS & GOALS WORKSHOP, CA 2:30 SEATED STRENGTH CLASS, FC 7:00 PINOCHLE, CA	26 11:00 BIBLE STUDY, CA 6:15 MAH JONGG, CR
27 11:30 CATHOLIC COMMUNION SERVICE, CA 2:15 NOISES OFF AT THE ALGONQUIN THEATER	28 9:00 BALANCE CLASS, CA 10:00 Aquatic Fit Class, PP 10:00 LIGHTEN UP WITH LESLIE,LMR 1:30 Arts & Crafts, AC 1:30 Supervised Gym, FC 2:30 SEATED STRENGTH CLASS, FC 6:00 MAH JONGG, CR 6:15 CANASTA,LMR 7:00 Rosary, AC 7:00 POKER, CA	29 9:00 FUN. FITNESS CLASS, FC 10:00 AQUA BURN/SUPERVISED GYM 10:00 CHORUS REHEARSAL, CA 11:00 WII SPORTS BOWLING, FC 12:30 AQUA EXPRESS, PP 1:00 WII SPORTS, FC 1:00 STAIN GLASS CLASS, AC 2:30 FITNESS CLASS DOMINICK, FC 3:00 JAN/FEB BIRTHDAY PARTY, CA 3:45 ART CLASS, AC 6:30 HAND & FOOT CANASTA, LMR	30 9:00 CHAIR YOGA, MOVES & STRETCH, CA 9:30 MEDITATION, CA 10:00 Aqua Fit Class, PP 1:30 Supervised Gym, FC 2:00 ALL RESIDENT MEETING, CA 2:30 SEATED STRENGTH CLASS, FC 5:00 MAH JONGG, CR 6:15 CANASTA, LMR	31 9:00 BALANCE CLASS, FC 10:00 & 11:00 WII SPORTS TENNIS, FC 10:00 Aqua Burn Class, PP 12:30 Aqua Express, PP 2:30 FITNESS CLASS w/DOMENICK, FC 7:00 ITUNES UNIVERSITY		