



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2024						
1 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 PCTR Comm Serv, CA 7:00 Movie <i>A Man on the Inside</i> , ACR	2 9:00 Tone It Up, CA 10:00 Walmart Shopping, Bus 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:30 Poker, LMR 6:45 NO ROSARY 7:00 Island Singers Concert, CA *FITNESS FREEZE STARTS	3 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 11:15 Chorus Rehearsal, CA 1:00 Seated Strength, CA 1:30 CrumbleCrew CookieDecorate,ACR 6:30 Poker, LMR *FITNESS FREEZE	4 9:00 Stretch, Relax, Renew, <u>FC</u> 9:30 AC Harrah's Casino, Bus 9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Chair Volleyball, CA 7:00 Greenbriar Holiday Concert, CA *FITNESS FREEZE	5 9:00 Balance Class, CA 9:30 Walking Group, FL 10:30 Open Gym Time, FC 1:00 Seated Strength, <u>FC</u> 2:00 Wii Bowling, FC 2:00 CODA Brass Quintet, CA 6:30 Poker, LMR *FITNESS FREEZE	6 9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 1-3 Sip & Paint Class, ACR 2:00 Fundraiser/Pie in Face, CA 6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR *FITNESS FREEZE	7 10:00 Seated Yoga, 591 1:00 Book Discussion, ACR 6:15 OCC <i>Sounds of the Holidays</i> , Bus 7:00 Movie <i>ELF</i> , ACR 8:00 Meditation video, 591
8 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 3:30 PCTR Christmas Joy Concert, Bus	9 9:00 Tone It Up, CA 10:00 Stream Catholic Mass, CA 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 2:00 Remember Our Angels Memorial Service, CA 6:30 Poker, LMR 6:45 Rosary, ACR *FITNESS FREEZE	10 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 11:15 Chorus Rehearsal, CA 1:00 Seated Strength, CA 2:00 Lecture w/ Paul White, CA 6:30 Poker, LMR *FITNESS FREEZE	11 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 11:00 Surflight <i>Miracle on 34th</i> , Bus 1:00 Core Crunch, CA 2-4 Resident/Staff Appreciation Gathering, CA *FITNESS FREEZE	12 9:00 Balance Class, CA 9:30 Walking Group, FL 10:30 Open Gym Time, FC 1:00 Seated Strength, <u>FC</u> 2:00 Wii Bowling, FC 6:30 Poker, LMR *FITNESS FREEZE	13 9:00 Tone it Up, <u>FC</u> 9:00 & 11:30 Wii Bowling, FC 10-1 Holiday Vender Craft SALE,CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, <u>FC</u> 6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR 6:30 Holiday Lights Bus Ride *FITNESS FREEZE	14 10:00 Seated Yoga, 591 2 & 7:00 Movie <i>Christmas Vacation</i> , ACR 8:00 Meditation video, 591
15 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 Pastor Kim FUMC, ACR 2:00 Ballet DVD <i>The Nutcracker</i> w/J Artale, CA	16 9:00 Men's Breakfast, DR 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 2:00 Annual Res Asso Mtng, CA 6:30 Poker, LMR 6:45 Rosary, ACR *FITNESS FREEZE	17 9:00 Balance & Posture, <u>FC</u> 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 11:30 Chorus Rehearsal, ACR 1:00 Seated Strength, CA 2:00 Chrismukkah BINGO, CA 6:30 Poker, LMR *FITNESS FREEZE	18 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 12:00 Shrimp Box Restaurant, Bus 1:00 Core Crunch, <u>FC</u> 3:00 Chess Club, LMR 7:00 Harrogate Chorus Holiday Concert, CA *FITNESS FREEZE	19 9:00 Balance Class, CA 9:30 Walking Group, FL 10:00 OC Mall, Bus 10:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 6:30 Poker, LMR *FITNESS FREEZE	20 Ugly Sweater Day! 9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Sing-A-Long w/Dan Herrmann, CA 6:00 Shabbat Service, channel138JBS 6:30 Pinochle, LMR *FITNESS FREEZE	21 1 st Day  10:00 Seated Yoga, 591 2 & 7:00 Movie <i>A Christmas Story</i> , ACR 8:00 Meditation video, 591
22 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 Oceanaires Holiday Concert, CA	23 9:00 Tone It Up, CA 10:00 DVD Holiday Collection, ch594 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, CA 3:00 Catholic Mass, CA 6:30 Poker, LMR 6:45 Rosary, ACR *FITNESS FREEZE	24 9:00 Balance & Posture, CA 9:30 Walking Group, FL 10:00 DVD Holiday Collection, ch 594 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 1:00 Seated Strength, CA 2:00 Chair Volleyball, CA 6:30 Poker, LMR *FITNESS FREEZE	25 <u>Christmas Day</u>  10:00 Stream Catholic Mass, CA RESERVATIONS ARE REQUIRED IN THE DINING ROOM. SEATING TIMES: 12:00; 12:30; 2:00; 2:30 & 4:00 PM  <u>Hanukkah</u> begins at sunset 4:30 Menorah Lighting w/Chaplain Fruma Feller, FL 6:00 Hanukkah Video, 591	26 9:00 Balance Class, CA 9:30 Walking Group, FL 10:00 DVD Holiday Collection, ch594 10:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Chair Volleyball, CA 2:00 Wii Bowling, FC 6:00 Hanukkah Video, 591 6:30 Poker, LMR *FITNESS FREEZE	27 9:00 Tone it Up, CA 9:00 & 11:30 Wii Bowling, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 6:00 Shabbat Service, channel138JBS 6:00 Hanukkah Video, 591 6:30 Pinochle, LMR *FITNESS FREEZE	28 10:00 Seated Yoga, 591 3:00 Cookie Party, LMR 2 & 7:00 Movie <i>On Golden Pond</i> , ACR 6:00 Hanukkah Video, 591 8:00 Meditation video, 591
29 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic MassCA 11:00 How Great Hymns 591 2:00 Opera <i>Die Fledermaus</i> DVD w/J Artale, CA 6:00 Hanukkah Video, 591	30 9:00 Tone It Up, <u>FC</u> 10:30 Pool Class, PP 11:15 Stretch & Strength, FC 1:00 Sit & Fit, <u>FC</u> 6:00 Hanukkah Video, 591 6:30 Poker, LMR 6:45 Rosary, ACR *FITNESS FREEZE	31 New Year's Eve 9:00 Balance & Posture, <u>FC</u> 9:30 Walking Group, FL 10:00 Stitch N Chat, ACR 10:30 Open Gym Time, FC 10:30 Wii Bowling, FC 1:00 Seated Strength, <u>FC</u> 6:00 Hanukkah Video, 591 6:30 Poker, LMR 7-10 NYEve Party w/KevBex Trio Band *FITNESS FREEZE ENDS	COLOR KEY PHYSICAL SOCIAL INTELLECTUAL SPIRITUAL HEALTH SERVICES VOCATIONAL EMOTIONAL ENVIRONMENTAL 	ROOM REFERENCE: ACR Arts & Crafts C Cafe CA Clark Auditorium L Lounge CL Clinic LI Library CR Conference LMR Lounge Meeting DR Dining Room MLR Mailroom FC Fitness Center MVR Motor Vehicle FL Front Lobby PDR Private Dining HC Health Center SA Sports Area PP Polly's Pool	FRIDAY SHOPPING TRIPS: 9:30 Banks 9:30 Brick Shop-rite, Target 1:30 TR Stop & Shop OR Walgreens Mondays 4 & 18 – Manchester Shop-rite @ 1pm *Please sign up in the Activity book TOUCHTOWN CHANNEL 591	