



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>JANUARY 2026</b>				<b>JANUARY 2026</b>		
	<b>COLOR KEY</b> PHYSICAL INTELLECTUAL VOCATIONAL ENVIRONMENTAL SOCIAL SPIRITUAL HEALTH SERVICES EMOTIONAL 	<b>ROOM REFERENCE:</b> ACR Arts & Crafts CA Clark Auditorium CL Clinic CR Conference DR Dining Room FC Fitness Center FL Front Lobby HC Health Center C Cafe L Lounge LI Library LMR Lounge Meeting MLR Mailroom MVR Motor Vehicle PDR Private Dining SA Sports Area PP Polly's Pool	<b>FRIDAY SHOPPING TRIPS:</b> 9:30 Banks 9:30 Brick Shop-rite, Target 1:00 TR Stop & Shop OR Walgreens *Please sign up in the Activity book	<b>1 Happy new year!</b> RESERVATIONS ARE REQUIRED IN THE DINING ROOM. Seating times: 12:00; 12:30; 2:00; 2:30; & 4:00 call Ex 6232 	<b>2</b> 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Winter Blues BINGO, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR 	<b>3</b> 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 1:00 Book Discussion, ACR 7:00 Movie <i>Famous Last Words</i> Jane Goodall, ACR
<b>4</b> TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 2:00 Algonquin Fthr Alphonse NYEve, Bus 	<b>5</b> 9:00 Tone It Up, CA 11:00 Terrone Jeweler, ACR 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Movie <i>Jay Kelly</i> , CA 6:30 Poker, LMR 6:45 Rosary, ACR 	<b>6</b> 9:00 Balance & Posture, CA 9:45 Meditation, LMR 10:30 Men's Strength Class, FC 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Dec/Jan/Feb B-day Party, CA 	<b>7</b> 9:00 Stretch, Relax, Renew, CA 9:30 AC Harrahs Casino, Bus 9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Movie <i>The Cutting Edge</i> , CA  	<b>8</b> 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 Health Talk w/Dr Patel, CA <i>What's New in the Study of Alzheimers</i> 6:30 Poker, LMR 	<b>9</b> 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR	<b>10</b> 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie <i>Death by Lightning</i> , ACR
<b>11</b> TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 12:00 Longhorn, Bus 	<b>12</b> 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Noodle ball, CA 6:30 Poker, LMR 6:45 Rosary, ACR	<b>13</b> 9:00 Balance & Posture, CA 9:45 Meditation, LMR 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Program on the <i>Book on NJ Boardwalks</i> w/Dick & Sal, CA 	<b>14</b> 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:00 Aldi Shopping, Bus 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Ladies Snowflake Tea, CA 	<b>15</b> 9:00 Balance Class, CA 11:30 Open Gym Time, FC 11:45 Mobile OC Library, LI 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 6:30 Poker, LMR	<b>16</b> 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Classical Piano Concert w/Julia Muench, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR 	<b>17</b> 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie <i>My Father the BTK Killer</i> , ACR
<b>18</b> TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 OC Mall, Bus 2:00 CUMC Pastor Kim, ACR 	<b>19</b> 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Caregivers Volunteer Radio Show w/Bob Scott, CA 6:30 Poker, LMR 6:45 Rosary, ACR	<b>20</b> 9:00 Balance & Posture, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Chair Volleyball, CA	<b>21</b> 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 12:00 Koi Lunch Bunch, Bus 1:00 Core Crunch, CA 3:00 Chess Club, LMR 	<b>22</b> 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 BINGO w/Amy, CA 6:30 Poker, LMR 	<b>23</b> 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 11:00 Writing Memories Workshop w/Diane Dahl, ACR 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR 	<b>24</b> 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie <i>Sliding Doors</i> , ACR
<b>25</b> TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 Walmart, Bus 	<b>26</b> 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 1-3 Dr Greg Ferro Part I, CA 6:30 Poker, LMR 6:45 Rosary, ACR 	<b>27</b> 9:00 Balance & Posture, CA 10-12 Dr Greg Ferro Part II, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 3:00 Catholic Mass, CA 	<b>28</b> 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 11:00 All Resident Meeting, CA	<b>29</b> 9:00 Balance Class, CA 11:30 Open Gym Time, FC 12:00 Italy's Best on your own, Bus 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 6:30 Poker, LMR 	<b>30</b> 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 1-3 Sip & Paint w/Jes, ACR 2:00 Noodle Ball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR 	<b>31</b> 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie <i>Paul Apostle of Christ</i> , ACR

