

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--|---|
| JANUARY 2026 | JANUARY 2026 | | | | | |
|  Harrogate | COLOR KEY PHYSICAL INTELLECTUAL HEALTH SERVICES VOCATIONAL ENVIRONMENTAL SOCIAL SPIRITUAL EMOTIONAL <i>Living the 8</i> | ROOM REFERENCE: ACR Arts & Crafts CA Clark Auditorium CL Clinic CR Conference DR Dining Room FC Fitness Center FL Front Lobby HC Health Center C Cafe L Lounge LI Library LMR Lounge Meeting MLR Mailroom MVR Motor Vehicle PDR Private Dining SA Sports Area PP Polly's Pool | FRIDAY SHOPPING TRIPS: 9:30 Banks 9:30 Brick Shop-rite, Target 1:00 TR Stop & Shop OR Walgreens *Please sign up in the Activity book | 1 Happy new year! RESERVATIONS ARE REQUIRED IN THE DINING ROOM. Seating times: 12:00; 12:30; 2:00; 2:30; & 4:00 call Ex 6232  | 2 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Winter Blues BINGO, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR  | 3 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 1:00 Book Discussion, ACR 7:00 Movie Famous Last Words Jane Goodall, ACR |
| 4 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 2:00 Algonquin Fthr Alphonse NYEve, Bus  | 5 9:00 Tone It Up, CA 11:00 Terrone Jeweler, ACR 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Movie Jay Kelly, CA 6:30 Poker, LMR 6:45 Rosary, ACR  | 6 9:00 Balance & Posture, CA 9:45 Meditation, LMR 10:30 Men's Strength Class, FC 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Dec/Jan/Feb B-day Party, CA  | 7 9:00 Stretch, Relax, Renew, CA 9:45 AC Harrahs Casino, Bus 9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Movie The Cutting Edge, CA  | 8 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 Health Talk w/Dr Patel, CA What's New in the Study of Alzheimers 6:30 Poker, LMR  | 9 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR | 10 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie Death by Lightning, ACR |
| 11 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 12:00 Longhorn, Bus  | 12 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Noodle ball, CA 6:30 Poker, LMR 6:45 Rosary, ACR | 13 9:00 Balance & Posture, CA 9:45 Meditation, LMR 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Program on the Book on NJ Boardwalks w/Dick & Sal, CA  | 14 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:00 Aldi Shopping, Bus 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Ladies Snowflake Tea, CA  | 15 9:00 Balance Class, CA 11:30 Open Gym Time, FC 11:45 Mobile OC Library, LI 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 6:30 Poker, LMR | 16 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 2:00 Classical Piano Concert w/Julia Muench, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR  | 17 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie My Father the BTK Killer, ACR |
| 18 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 OC Mall, Bus 2:00 CUMC Pastor Kim, ACR  | 19 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Caregivers Volunteer Radio Show w/Bob Scott, CA 6:30 Poker, LMR 6:45 Rosary, ACR | 20 9:00 Balance & Posture, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Chair Volleyball, CA | 21 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 12:00 Koi Lunch Bunch, Bus 1:00 Core Crunch, CA 3:00 Chess Club, LMR  | 22 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 BINGO w/Amy, CA 6:30 Poker, LMR  | 23 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 11:00 Writing Memories Workshop w/Diane Dahl, ACR 1:00 Sit & Fit, CA 2:00 Chair Volleyball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR | 24 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie Sliding Doors, ACR  |
| 25 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 Walmart, Bus  | 26 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 1-3 Dr Greg Ferro Part I, CA 6:30 Poker, LMR 6:45 Rosary, ACR  | 27 9:00 Balance & Posture, CA 10-12 Dr Greg Ferro Part II, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 3:00 Catholic Mass, CA  | 28 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 11:00 All Resident Meeting, CA | 29 9:00 Balance Class, CA 11:30 Open Gym Time, FC 12:00 Italy's Best on your own, Bus 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 6:30 Poker, LMR  | 30 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, CA 1-3 Sip & Paint w/Jes, ACR 2:00 Noodle Ball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR  | 31 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie Paul Apostle of Christ, ACR  |

