

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FEBRUARY 2026						
	COLOR KEY PHYSICAL INTELLECTUAL HEALTH SERVICES EMOTIONAL ENVIRONMENTAL SOCIAL SPIRITUAL VOCATIONAL	ROOM REFERENCE: ACR Arts & Crafts CA Clark Auditorium CL Clinic CR Conference DR Dining Room FC Fitness Center FL Front Lobby HC Health Center C Cafe L Lounge LI Library LMR Lounge Meeting MLR Mailroom MVR Motor Vehicle PDR Private Dining SA Sports Area PP Polly's Pool	FRIDAY SHOPPING TRIPS: 9:30 Banks 9:30 Brick Shop-rite, Target 1:00 TR Stop & Shop OR Walgreens *Please sign up in the Activity book	HEART HEALTHY MONTH 		Try to be a rainbow In someone's cloud.
1 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 Walmart, Bus 2:00 PCTR Communion Serv, CA	2 GROUNDHOG DAY 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:00 Chorus Rehearsal, CA 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Movie <i>Groundhog Day</i> , CA 6:30 Poker, LMR 6:45 Rosary, ACR	3 9:00 Balance & Posture, CA 9:45 Meditation, LMR 11:30 Open Gym Time, FC 1:00 Seated Strength, CA	4 9:00 Stretch, Relax, Renew, FC 9:30 AC Harrah's Casino, Bus 9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, CA 2:00 Fitness Game <i>Move for Your Heart</i> , CA	5 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 Movie <i>The Notebook</i> , CA 6:30 Poker, LMR	6 NAT'L WEAR RED DAY 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 1:00 Sit & Fit, FC 1-2 Culinary Serv Q&A, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR Opening Day WINTER Olympics	7 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 1:00 Book Discussion, ACR 7:00 Movie <i>The Royal We</i> , ACR
8 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 3:00 Lectures~N~Song Fred Miller, CA Frank Loesser 6:30 Super Bowl on TV, CA	9 9:00 Tone It Up, CA 9:45 Meditation, LMR 10-12 Jewelry SALE!, FL 10:30 Pool Class, PP 11:00 Chorus Rehearsal, CA 11:00 Terrone Jeweler, ACR 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Health Talk w/Jillian & Leslie, CA 6:30 Poker, LMR 6:45 Rosary, ACR	10 9:00 Balance & Posture, FC 11:30 Open Gym Time, FC 1:00 Seated Strength, FC	11 9:00 Stretch, Relax, Renew, FC 9-10 Pancake Breakfast, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 1:00 Core Crunch, FC 2:00 Fitness Game <i>Hearts & Crafts</i> , CA	12 9:00 Balance Class, CA 10:00 Friends Social w/HC & IL, CA 11:30 Open Gym Time, FC 11:45 Mobile OC Library, LI 12-3 Memory Screening, Clinic 1:00 Seated Strength, FC 2:00 Wii Bowling, FC 2:00 Historian, Paul White, CA Topic: Jazz Greats! 6:30 Poker, LMR	13 9:00 Tone it Up, FC 10:30 Aqua Balance, PP 1:00 Sit & Fit, FC 2:00 Cookie Baking w/Amy, A130 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR	14 VALENTINE'S DAY! 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 2 & 7 Movie <i>The Unexpected Valentine</i> , ACR
15 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 Aldi Shopping, Bus	16 PRESIDENT'S DAY 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:00 Chorus Rehearsal, CA 11:30 Open Gym Time, FC 1:00 Sit & Fit, FC 2:00 Caregivers Volunteer Radio Show w/Bob Scott, CA 6:30 Poker, LMR 6:45 Rosary, ACR	17 Lunar New Year The Year of the Horse 9:00 Balance & Posture, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 "Lunar New Year" BINGO w/Amy, CA MARDI GRAS	18 NAT'L DRINK WINE 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:00 Distribution of Ashes, CA 10:30 Pool Class, PP 12:00 Italy's Best, Bus 1:00 Core Crunch, CA 2:00 Fitness Game <i>Heart Healthy Food Fun</i> , CA 3:00 ChessClub, LMR ASH WEDNESDAY	19 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, CA 2:00 Wii Bowling, FC 2:00 Olympic Chair Volleyball, CA 6:30 Poker, LMR	20 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 11:30 Stations of the Cross, CA 1:00 Sit & Fit, FC 1-2 Culinary Serv Q&A, CA 2:00 Slice of Pie w/Caring People, LMR 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR	21 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR
22 TRANSPORTATION TO CHURCH SIGN UP IN THE ACTIVITY BOOK 9:15 St. Lukes 10:00 Stream Catholic Mass CA 1:00 Ocean County Mall Bus 2:00 CUMC Pastor Kim, ACR Closing Day WINTER Olympics	23 9:00 Tone It Up, CA 10:30 Pool Class, PP 11:00 Chorus Rehearsal, CA 11:30 Open Gym Time, FC 1:00 Sit & Fit, CA 2:00 Movie <i>The Rip</i> , CA 6:30 Poker, LMR 6:45 Rosary, ACR	24 9:00 Balance & Posture, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, FC 3:30 Catholic Mass, CA Father Guilherme	25 9:00 Stretch, Relax, Renew, CA 9:45 Meditation, LMR 10:30 Pool Class, PP 11:00 Quarterly All Res Mtng, CA 1:00 Core Crunch, CA 2:00 Fitness Game <i>Move for Your Heart</i> , CA	26 9:00 Balance Class, CA 11:30 Open Gym Time, FC 1:00 Seated Strength, FC 2:00 Wii Bowling, FC 2:00 Sangria & Cheese Piano Concert w/NGXB, CA 6:30 Poker, LMR	27 NAT'L RETRO DAY 9:00 Tone it Up, CA 10:30 Aqua Balance, PP 11:30 Stations of the Cross, CA 1:00 Sit & Fit, CA 2:00 Noodle Ball, CA 6:00 Shabbat Service, ch 138JBS 6:30 Pinochle, LMR	28 10:00 Bible Study w/Ellen, LMR 11:00 Scripture Study w/Pastor, ACR 7:00 Movie <i>The Best You Can</i> , ACR

