


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2021						
	FRIDAY SHOPPING TRIPS: 9:30 LEISURE PARK SHOPS, CHRISTMAS TREE SHOPPING MALL & SHOP RITE SHOPPING MALL & TARGET 1:30 STOP & SHOP, WALGREENS & BANKS	TOUCHTOWN CHANNEL 591 ALL PROGRAMS ARE SUBJECT TO CHANGE. CHECK YOUR CISCO PHONE FOR DAILY UPDATES	COLOR KEY PHYSICAL SOCIAL INTELLECTUAL SPIRITUAL HEALTH SERVICES VOCATIONAL EMOTIONAL ENVIRONMENTAL		1 9:00 ADVANCED BALANCE, 591 9:00 TONE IT UP WITH JEN, CA 9:00 WII BOWLING, FC 9:00-11:00 CONFESSIONS, LMR 10:30 WATER VOLLYBALL, PP 11:15 CATHOLIC MASS, CA 11:30 WII BOWLING, FC 1:00 SIT & FIT, FC 2:30 WII BOWLING, FC 3:00 SINGER, JAMES MICHAEL, CA 6:00 SHABBAT SERVICE CHANNEL 138 JBS 6:30 PINOCHLE, CA	2 10:00 SEATED YOGA, 591 11:00 BIBLE STUDY, CA 8:00 MEDITATION VIDEO, 591
3 10:00 POSTURE CLASS, 591 11:00 HOW GREAT THOU ART FAVORITE HYMNS, 591 11:00 CATHOLIC MASS, CA CELEBRANT: FR. D'Imperio 1:30 MOVIE MATINEE, CA "THE MEDDLER" PG 13 8:00 TOUCHTOWN MEDITATION VIDEO, 591	4 9:00 TONE IT UP WITH JEN, CA 9 ADVANCED BALANCE CLASS 591 10:30 POOL CLASSES, PP 11:00 CATHOLIC MASS, CA FEAST OF ST. FRANCIS OF ASSISI 1:00 SIT & FIT, FC 1:30 BLESSING OF ANIMALS 2:00 WATER VOLLEYBALL, PP 2:00 ALL ABOARD CRUISE WEEK W/JEN, CA 7:00 ROSARY, AC 7:00 TOUCHTOWN 591 PRAY THE ROSARY	5 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE & POSTURE CLASS, CA 9:30 WALKING GROUP, FL 10:00 ART CLASS WITH ROSE, AC 10:30 WII BOWLING, FC 11:00 CHORUS REHEARSAL, CA 1:00 SEATED STRENGTH, CA 1:00 STAIN GLASS, AC 2:00 OUTDOOR SPORTS 2:00 CRUISE WEEK TWISTED BINGO, CA	6 9:00 YOGA W/FLOW OF MUSIC, CA 9:00 ADVANCED BALANCE CLASS, 591 9:30 LEISURELY WALK PT. PLEASANT 9:45 MEDITATION, LMR 10:30 POOL CLASSES 1:00 CORE CRUNCH, FC 2:00 UPSTAIRS DOWNSTAIRS, 594 2:00 SENIOR MOMENTS MEDICARE SOLUTIONS, CA 2:30 CORE CRUNCH, 591 6:30 WEDNESDAY NIGHT AT THE MOVIES, CA "FALLING IN LOVE" RATED PG-13, CA	7 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE CLASS, CA 9:00 - 1:00 HARROGATE HEALTH FAIR, CA 9:30 WALKING GROUP, FL 1:00 SEATED STRENGTH, CA 2:00 BOAT RACING, PP 2:00 UPSTAIRS DOWNSTAIRS (REPEAT), 594	8 9:00 ADVANCED BALANCE, 591 9:00 TONE IT UP WITH JEN, CA 9:00 WII BOWLING, FC 10:30 WATER VOLLYBALL, PP 11:30 WII BOWLING, FC 1:00 SIT & FIT, FC 2:00 CRUISE WEEK FINALE GRANDSTAND RACING, CA 2:30 WII BOWLING, FC 6:00 SHABBAT SERVICE CHANNEL 138 JBS 6:30 PINOCHLE, CA	9 10:00 SEATED YOGA, 591 11:00 BIBLE STUDY, CA 8:00 MEDITATION VIDEO, 591
10 10:00 POSTURE CLASS, 591 11:00 HOW GREAT THOU ART FAVORITE HYMNS, 591 11:30 COMMUNION SERVICE, CA 3:00 WINE & CHEESE WITH PIPER'S ALLEY, CA 8:00 TOUCHTOWN MEDITATION VIDEO, 591	11 9:00 TONE IT UP WITH JEN, CA 9 ADVANCED BALANCE CLASS 591 10:30 POOL CLASSES, PP 1:00 SIT & FIT, FC 2:00 WATER VOLLEYBALL, PP 2:00 TAI CHI, CA 7:00 ROSARY, AC 7:00 TOUCHTOWN 591 PRAY THE ROSARY	12 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE & POSTURE CLASS, CA 9:30 WALKING GROUP, FL 10:00 ART CLASS, AC 10:30 WII BOWLING, FC 11:00 CHORUS REHEARSAL, CA 1:00 SEATED STRENGTH, CA 1:00 STAIN GLASS, AC 2:00 OUTDOOR SPORTS 2:00 BINGO, CA	13 9:00 STRETCH,RELAX,RENEW, CA 9:00 ADVANCED BALANCE CLASS, 591 9:30 LEISURELY WALK ISLAND HGTS 9:45 MEDITATION, LMR 10:30 POOL CLASSES, PP 1:00 CORE CRUNCH, FC 2:00 UPSTAIRS DOWNSTAIRS, 594 2:00 LADIES SOCIAL, CA 2:30 CORE CRUNCH, 591 6:30 WEDNESDAY NIGHT AT THE MOVIES, "THE HEAT", RATED R, CA	14 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE CLASS, CA 9:30 WALKING GROUP, FL 1:00 SEATED STRENGTH, CA 2:00 UPSTAIRS DOWNSTAIRS (REPEAT), 594 5:00 ARTHRITIS FOUNDATION PROGRAM, CA	15 9:00 ADVANCED BALANCE, 591 9:00 TONE IT UP WITH JEN, CA 9:00 WII BOWLING, FC 10:30 WATER VOLLYBALL, PP 11:30 WII BOWLING, FC 1:00 SIT & FIT, FC 2:30 WII BOWLING, FC 6:00 SHABBAT SERVICE CHANNEL 138 JBS 6:30 PINOCHLE, CA	16 10:00 SEATED YOGA, 591 11:00 BIBLE STUDY, CA 8:00 MEDITATION VIDEO, 591
17 10:00 POSTURE CLASS, 591 11:00 HOW GREAT THOU ART FAVORITE HYMNS, 591 11:30 COMMUNION SERVICE, CA 2:00 BINGO, CA 8:00 TOUCHTOWN MEDITATION VIDEO, 591	18 9:00 TONE IT UP WITH JEN, CA 9 ADVANCED BALANCE CLASS 591 10:30 POOL CLASSES, PP 11:00 TERRONE JEWELERS, AC 1:00 SIT & FIT, FC 2:00 WATER VOLLEYBALL, PP 7:00 ROSARY, AC 7:00 TOUCHTOWN 591 PRAY THE ROSARY	19 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE & POSTURE CLASS, CA 10:30 WII BOWLING, FC 10:00 ART CLASS WITH ROSE, AC 11:00 CHORUS REHEARSAL, CA 1:00 SEATED STRENGTH, CA 1:00 STAIN GLASS, AC 2:00 OUTDOOR SPORTS	20 9:00 STRETCH,RELAX,RENEW, CA 9:00 ADVANCED BALANCE, 591 9:45 MEDITATION, LMR 10:30 POOL CLASSES, PP 1:00 CORE CRUNCH, FC 2:00 TRANSPORTATION TO BOSCOVS 2:00 UPSTAIRS DOWNSTAIRS, 594 2:00 HEALTH TALK W/DR. JANDHYALA 2:30 CORE CRUNCH CHANNEL 591 6:30 WEDNESDAY NIGHT AT THE MOVIES "WIDOWS" RATED R, CA	21 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE CLASS, CA 9:30 WALKING GROUP, FL 1:00 SEATED STRENGTH, CA 2:00 BREAST CANCER WALK 2:00 UPSTAIRS DOWNSTAIRS (REPEAT), 594	22 9:00 ADVANCED BALANCE, 591 9:00 TONE IT UP WITH JEN, CA 9:00 WII BOWLING, FC 10:30 WATER VOLLYBALL, PP 11:30 WII BOWLING, FC 1:00 SIT & FIT, FC 2:30 WII BOWLING, FC 6:00 SHABBAT SERVICE CHANNEL 138 JBS 6:30 PINOCHLE, CA	23 10:00 SEATED YOGA, 591 11:00 BIBLE STUDY, CA 3:00 PIANIST, REV. JIM CORRENTI, CA 8:00 MEDITATION VIDEO, 591
24 10 POSTURE CLASS, 591 11:00 HOW GREAT THOU ART FAVORITE HYMNS, 591 11:30 COMMUNION SERVICE, CA 8:00 TOUCHTOWN MEDITATION VIDEO, 591	25 9:00 TONE IT UP WITH JEN, CA 9:00 ADVANCED BALANCE CLASS, 591 10:30 POOL CLASSES, PP 1:00 SIT & FIT, FC 2:00 WATER VOLLEYBALL, PP 7:00 ROSARY, AC 7:00 TOUCHTOWN 591 PRAY THE ROSARY	26 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE & POSTURE CLASS, CA 9:30 WALKING GROUP W/MARKETING 10:00 ART CLASS WITH ROSE, AC 10:30 WII BOWLING, FC 11:00 CHORUS REHEARSAL, CA 1:00 SEATED STRENGTH, CA 1:00 STAIN GLASS, AC 2:00 OUTDOOR SPORTS 2:00 BINGO, CA	27 9:00 STRETCH,RELAX,RENEW, CA 9:00 ADVANCED BALANCE, 591 9:30 BRICK RESERVOIR WALK 9:45 MEDITATION, LMR 10:30 POOL CLASSES, PP 1:00 CORE CRUNCH, FC 2:00 LECTURCIZE, CA 2:00 ALL RESIDENT MEETING, 591 2:00 UPSTAIRS DOWNSTAIRS, 594 2:30 CORE CRUNCH CHANNEL 591 6:30 WEDNESDAY NIGHT AT THE MOVIES - "TOLKIEN", RATED PG13, CA	28 8:00 AWAKE AND RESTORE, 591 9:00 BALANCE CLASS, CA 9:30 WALKING GROUP, FL 1:00 SEATED STRENGTH, CA 2:00 UPSTAIRS DOWNSTAIRS (REPEAT), 594	29 9:00 ADVANCED BALANCE, 591 9:00 TONE IT UP WITH JEN, CA 9:00 WII BOWLING, FC 10:30 WATER VOLLYBALL, PP 11:30 WII BOWLING, FC 1:00 SIT & FIT, FC 2:30 WII BOWLING, FC 3:00 HALLOWEEN PARADE, SA 6:00 SHABBAT SERVICE CHANNEL 138 JBS 6:30 PINOCHLE, CA	30 10:00 SEATED YOGA, 591 11:00 BIBLE STUDY, CA 8:00 MEDITATION VIDEO, 591
31 HALLOWEEN DAY EVENTS - SAME AS 10/24 1:30 MOVIE - SOUL PG-13						